



Memorial Middle School 2017-18 Season

Student Athlete Code of Conduct

I. Organization

- A. This code of Conduct has been written and adopted for All of the Memorial Middle School Student- Athletes participating in any sport. The Rockdale County School District, MMS Administration and Athletic Director, govern the team and its Code of Conduct.
- B. The purpose of the MMS Seminoles student-athlete(s) is to:
 1. Promote and uphold school spirit, pride and loyalty.
 2. Develop and display good sportsman-like conduct.
 3. Better relationships between schools during athletic events.
 4. Develop skills and techniques necessary to perform as a safe unit.
 5. Develop strong team leadership and cooperative working qualities.
 6. Develop responsibility, teach self-respect, encourage honest effort, strive for improvement and develop character.
- C. Coaches are assigned through the Athletic Director and School Administration Staff.
 1. Responsibilities of the coach is to instruct and oversee the daily running and activities of Memorial Middle School Athletics Department.
 2. The coach will be responsible for administering all disciplinary procedures.
 3. Chain of command in regards to concerns:
 - a. Contact with the coaching staff should be first through email or text.
 - b. Contact Athletic Director via email or phone.
 4. In case of an emergency, call coach via cell phone or the front office of the school.
 5. If a meeting is necessary, coordination with the athletic Director and the head coach must be completed in order to schedule such meeting.

II. Eligibility

- A. Academics should be your number one priority. Student-Athletes must maintain a 2.0 GPA to be considered in good standing & remain an active participant.
 1. Students must pass 5/7 classes to be eligible for participation each semester leading up to the appropriate season.
 2. Any Student-Athlete failing 2 or more subjects will be ineligible in the upcoming week (Sunday to Saturday) NO Exceptions.

3. Any Student-Athlete ineligible for 3 consecutive weeks will be dismissed from the team.
4. Student-Athletes will be responsible for having ALL of their teachers complete their eligibility card each week to determine academic eligibility.
5. Any student-athlete serving *in school suspension* is **not eligible** to participate in the game or practice. He/She will also be placed on suspension for as many days as he/she was issued in school suspension.
6. **Any student-athlete serving OSS will result in immediate dismissal from the program NO Exceptions.**

III. Practice/Games/Tournaments

- A. Each team member will attend all scheduled practices, games and tournaments. They are expected to be on time and stay for the entire event.
- B. A parent or legal guardian must contact a coach before practice, and the coach must excuse the reason for absence in order to avoid disciplinary action.
 1. The coach must be notified by the parent and/or student-athlete, not by any other team member.
 2. Even if you miss school during the day of practice, you still must contact the coach in regards to your absence via email, text, groupme, etc.
 3. Additional practices may be scheduled prior to big events/ tournaments outside of normal practice times.
 4. Practices may be scheduled and proposed mandatory during county breaks.
 5. Members MUST come to practice prepared. This includes appropriate practice gear, cleats/shoes. Ladies, hair must up/pulled back and secure. All, no jewelry, no gum, and cell phones must be put away during practice.
- C. Student-Athlete Late Pick-Up: Students must be picked up at the teams scheduled pick up time which can be found on your team's information letter. Away game pick up will be sent out through coach-parent communication tool. Coach will notify Parent and Athletic Director of second tardy and consequences. Any student picked up more than 15 minutes late will adhere to the following consequences:
 - a. First Tardy: Warning

- b. Second Tard: Suspension from the following scheduled practice/game.
- c. Third Tardy: Removal from team (No Refund of fees).

IV. **Camp and Clinics.**

- A. All members are required to attend camp if scheduled by Head Coach. Cost of the camp for cheer is included in the annual cheer fees. Additional fees for other sport programs may be required. *AMPLE* Notice will be given by the coach **PRIOR TO** scheduling any camps, clinics, or tournaments that may require additional funds from parents. Camp is necessary to ensure that all members know proper techniques to perform specific skill sets. Camp time is also important for team bonding and learning to work together.
- B. Cheer: *Summer camp practices are required.* This time is important for camp preparation. An unexcused absence, tardy or leaving early will result in extra conditioning as assigned by the coaches and depending on the absence(s), removal from team home routine that is taken to camp for evaluation.

V. **Uniform/ Appearance**

- A. Each member will be expected to provide appropriate practice clothing.
- B. Each member will be expected to purchase the required uniforms (IF Applicable) at the expense of the individual his/her family and is generally included in the registration fees.
- C. Each member will be required to maintain good condition and cleanliness of his/her uniforms on a weekly basis.
- D. Additional items such as footwear and accessories such as mouth pieces, knee, arm braces, cheer bows, etc. will be purchased by each member and kept clean and in good condition.
- E. Athletes will NOT wear their uniforms to an outside function (unless approved by the coach).
- F. For sanitary & health purposes student athletes will not lend out uniforms, warm-ups, bags, mouth pieces, heat/cold gear, etc. to anyone including fellow team members.

- G. Hair must be a natural color, and styled as decided by the caption or coach for activities. Ladies: hair must be kept off the face and shoulder. Long bangs must be secured.
- H. Cheer: Makeup (if applicable) must be natural unless competing in a competition and the makeup will be applied at that time by the coaching staff.
- I. Fingernails must always be kept to a short length with no white showing when palms are facing up.
 - a. Ladies: Wearing of acrylic nails/ polish is at the coach's discretion.
 - b. Cheer Ladies: Solid finger nail polish may be worn to games and pep rallies.
 - c. Cheer Ladies: finger nail polish or acrylic nails are allowed at camp or competitions.
- J. Gum chewing is not permitted ever.
- K. **No jewelry of any kind**- male or female, including hair accessories (other than the team bow for cheerleaders) is permitted to be worn during practice, games or performances. Including but not limited to earrings, nose rings, belly rings or any other piece of jewelry. Fitbits are not allowed to be worn during Practice, games & performances. Unless overridden by your head coach. Only exception is a medical medallion or religious medal which must be worn taped to the skin.
- L. **Do not get a new piercing while on the team. You will be required to remove any jewelry. Taping or bandagers over jewelry is not acceptable.**
- M. No visible tattoos. Do not get a new tattoo until your season has completed.
- N. Cheer: Only the chosen MMS team shoe may be worn at practices, games or any cheer related event.

VI. Medical/Physicals

- A. Each member must have a completed physical exam and insurance card on file as required by RCPS, dated after May 1 of the current school year for it to be valid. Physicals and insurance cards must be uploaded on Privit and all electronic documents signed before members are allowed to try-out. Physical must remain current throughout activity for eligibility.

- B. If a member is injured/ill and misses practice due to the injury/illness, a doctor's release form will be required before the member may return to practice.
- C. If a member is medically restricted from any activities a doctor's order with specific instruction as to restrictions is required and a Doctors release is required to return to activities.

VII. Character

A. **Team members should be leaders within the school and set a good example at all times.** Team members should maintain good personal appearances and habits that cannot be criticized. Students participating in the any athletic program are expected to conduct themselves as responsible and appropriate representatives of their school. Student/Athletes must be courteous and friendly to other teams and visitors. Participants will be subject to disciplinary action if they violate any of the regulations listed below:

- 1. Commission of any offense that would bring discredit to the school
- 2. Conduct which endangers the safety of or substantially infringes on the rights of others
- 3. Possession of a weapon at school, on school property, or at a school sponsored events
- 4. Theft or vandalism *on or off* school property
- 5. Conduct which results in suspension from school, commission of a misdemeanor felony.
- 6. Use or possession of tobacco, alcohol or illegal drugs **at any time**
- 7. Abuse of any prescription or non-prescription drug or substance
- 8. Conduct which constitutes the commission of academic fraud

B. Violations of the regulations listed above while a participant in an activity will result in the following:

1. First Violation

- i. Suspension from all activity programs for one week of the season.
- ii. Mandatory conference with the coach and an athletic director before athlete returns to practice.
- iii. Voluntary admission of an infraction of a rule regarding substance abuse will not result in a suspension but will count as a first offense.

- iv. Any student with a previous violation and entering a new season is on probation. Any new violation will be treated as a second violation.
2. **Second Violation** - The student will lose eligibility for the remainder of the season and be removed from the team.
3. Any student-athlete serving *in school suspension* is not eligible to participate in the game or practice. He/She will also be placed on suspension for as many days as he/she was issued in school suspension.
4. Any student-athlete serving OSS will result in immediate dismissal from the program NO Exceptions. No Refund of fees!

VIII. Consequences

Disciplinary measures will be used when team members do not abide by the expectations set forth by this constitution or, in any other circumstance where the coaching staff sees fit. These guidelines are in place to ensure that our squad will always be the best in appearance, attitude, performance and safety. However, it is impossible to list every instance in which disciplinary actions may be necessary to maintain fair, orderly conduct through the team. When one cheerleader fails to abide by the guidelines, the entire squad suffers. Therefore, consequences will be administered for behavior which does not comply with our guidelines.

A. The Tardy Policy will be enforced with a 3 strikes you're out format

1. Tardy 1: verbal warning and conditioning as assigned by the coach
2. Tardy 2: verbal warning and conditioning as assigned by the coach
3. Tardy 3: Benched for a quarter of a game and conditioning as assigned by the coach
4. Tardy 4: verbal warning, and conditioning as assigned by the coach
5. Tardy 5: verbal warning and conditioning as assigned by the coach
6. Tardy 6: Benched from a game in its entirety.
7. IF tardies continue a meeting will be called with the member, his/her parents, and the coach to determine a future course of action. Please, do not let it get to this point.

B. Other infractions will result in different disciplinary actions. Each infraction will result in extra conditioning or being benched for a portion of or complete game, in addition to:

1. Poor Grades:

- i. Grades reflecting D's will result in being benched from games and performances until raised by the Interscholastic Coordinator according to the "Academic Probation Contract."
- ii. Grades reflecting F's will result in being benched from all activities until raised by the Interscholastic Coordinator according to the "Academic Probation Contract."
- iii. Mandatory tutoring a minimum of twice weekly will be scheduled with the coordinator according to the "Academic Probation Contract."

2. Benched from a quarter of a game:

- iv. Excessive talking, poor conduct at practice or on the sidelines
- v. Inappropriate cell phone use, during practice and/games
- vi. Returning late from breaks
- vii. Coaching Staff/Athletic Director discretion

3. Benched from an entire game:

- i. Unexcused absence
- ii. Missing uniform piece (ANY uniform piece) consecutively
- iii. Excessive issues with behavior and conduct
- iv. Refusal to remove jewelry
- v. Coaching Staff/Athletic Director discretion

4. Immediate dismissal from the team:

- i. (1) OSS
- ii. (2) ISS
- iii. Coaching Staff/Athletic Director/Administration discretion

5. Consecutive terms reflecting poor behavior

- ii. Excessive benching
- iii. Disrespect of teammates, parents, coaches or administration

C. Coaches and Administration reserve all rights to commission disciplinary actions as seen fit in, any given circumstance, whether it in this constitution, or not. For example, any unfortunate situation may arise regarding bullying, harassment, cyber bullying, or any behavior or conduct that reflects poorly on the individual, team, MMS, on or off school property.

IX. Fundraising

All members are **required** to participate in team fund raisers. Fundraising is Mandatory. No Exceptions

X. Fees

Athletic Fees:

A. We would like all students to be able to participate in the sport of their choosing. As an athletic department, we are not allotted funding for the programs. ***An athletic fee is charged to sustain our program, but will not include all of the cost we accrue.*** First sport is \$100, and every sport after is \$25.

- ii. \$25 Transportation
- iii. \$25 Equipment Renewal
- iv. \$25 Referees
- v. \$25 Awards

A. Each team establishes fees with the inclusion of uniform rental, Game Day/Practice Wear, banquets, and other necessities.

B. Fees are **Non-Refundable** with no exceptions

C. Any unpaid fees will roll over to the next eligible school year and must be paid before athlete is eligible to try out. Students are not allowed to participate in activities associated with grade level field trips, spirit week, 8th grade dance, etc. until accounts have been cleared. Unpaid fees will be reported to the follow-up high school as well.

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By signing, parents and students state that they UNDERSTAND and AGREE to abide by the rules and regulations set forth in the code of conduct.

Student-Athlete Name: _____ Grade _____
Printed

Student Signature: _____ Sport: _____

Parent/ Legal Guardian: _____
Printed

Parent/ Legal Guardian Signature: _____

Parent Phone Number: _____

Parent Email: _____

(please return only the signed perforated portion to the head coach)